

## Trauma Matters Delaware (TMD) Proposal Request for Community Mini-Grants - Round 2

Open Date: June 8, 2020

Close Date: June 30, 2020

**Purpose:** As a response to the unprecedented COVID-19 endemic in Delaware, we recognize that communities across our state are unique, with personalized needs and support. Although every community is different, we know low-income communities, communities of color, the elderly and those with disabilities are being disproportionately impacted by COVID-19 due to health concerns, job loss, and other compounding factors. During these trying times, Trauma Matters Delaware (TMD) is focused on empowering communities with the tools and resources needed to support each other.

As a result, TMD will grant between 5-10 Community Mini-Grants between \$1,000 and \$5,000 for the purpose of activating community-led mental health, wellness, and resilience initiatives. There is no shortage of local leaders and activists with a passion for helping their communities; through this effort, we will direct funds towards aiding in the launch of community designed and directed healing efforts.

**Requirements:** Applicants must be located in Delaware and/or supporting a Delaware-based community. The target population served must support primarily low-income residents in New Castle, Kent, or Sussex County, Delaware. Applications should promote resilience and increase Mental Health awareness in the community.

Awarded proposals will be required to incorporate evidence-based practices supporting mental health and wellness. Services provided by awarded proposals should promote mental health and wellness for community participants. Services should stem from common research that supports and promotes mental health and wellness among the community. Additional guidance will be available to ensure proposals support common evidence based practices.

Awarded vendors will be required to supply monthly data to Trauma Matters Delaware on the demographics and number of community participants who receive training in mental health and wellness. Template and guidance for data collection is included in the Final Report Template attached to the application.

**Background:** Trauma Matters Delaware (TMD) creates the conditions for widespread awareness about trauma and resilience, and enables community and individual wellbeing and healing. We prioritize building trust between practitioners and the communities they serve, increasing protective factors that promote community resilience, empowering institutions to provide trauma-informed care, improving access to culturally responsive early intervention and treatment, and catalyzing our collective impact through coordinated action. A network of over 40 top influencers in mental and behavioral health, TMD works to enable Delaware's institutions and organizations to move along the continuum of Trauma Informed Care. Additional information related to TMD can be found on the [Trauma-Informed Delaware website](#).

**Preparing an application:**

A “Pre-Application Question and Answer Session” will be available for any potential applicants to learn more about the process and answer questions.

Click here to register [Pre-Application Q&A Registration](#) on June 17, 2020 at 12:00 noon

Questions can be submitted to [alonna@socialcontract.org](mailto:alonna@socialcontract.org) by 5PM on June 20, 2020.

**Submit an application:**

[Click here](#) to download the proposal application.

Please submit your request for a proposal to [Alonna@socialcontract.org](mailto:Alonna@socialcontract.org) by 5 PM on June 30, 2020.